Best Practices

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Book a Research Consultation Online!
BL1006
What you will learn today:

How do I formulate my search question/topic?

How do I develop a search strategy?

Which search tool(s) do I use?

How do I get help if I need it?
Important Search Tools available through Library Website

- **“Search it All”** - searches all library indexes, library books and more+++
- **“Library Catalogue”** - searches all print books, ebooks both in Thunder Bay and Orillia
- **Databases AtoZ** - this gives you a list of all of the indexes/search tools available on all topics through Lakehead University (see Women’s Studies)
- **Research Guides** - these are library guides for all the subjects taught at Lakehead University -- provide good starting points for your library research
- **Women’s Studies Research Guide** - go to the “Find Journal Articles” tab for a list of Women’s Studies databases
Formulating & Narrowing Your Topic

A good research paper topic addresses a specific question or problem.
Possible ways to focus your topic:

- What do you already know about your topic? What are some subtopics and issues?
- What aspects of viewpoints of your topic interest you?
- Is there a question about your topic/subtopics that interests you? (Is your question debatable? Specific? Manageable?)
- Ask some questions Who, What, When, Where, How?
- What time period do you want to cover?
- Is there a place or geographic region that you want to examine?
- What population do you want to include?
- What is the history of your topic? How did it develop?
Where can I find Background Information?

- Your textbook, course readings
- Subject specific Dictionaries & encyclopedias (For a list of these go to the Women’s Studies libguide-- try Credo Reference!)
- Magazine or journal articles
- An authoritative website on your topic
How can a healthy body image be promoted to young women?

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<th>Body Image</th>
<th>Promotion</th>
<th>Young Women</th>
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<td>Body dissatisfaction</td>
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LOGIN TO ACCESS LIBRARY E-RESOURCES

Access to Lakehead University Library's electronic resources is restricted to faculty, staff and currently enrolled students of the University. You are required to login to authenticate yourself.

For security reasons, please close your browser when you are done accessing services that require authentication.

myEmail username

Do not include @lakeheadu.ca

Password

Sign in

Getting Help

Questions/Problems connecting to a specific resource - (807)343-8302 or researchhelp@lakeheadu.ca

Questions about/problems with email accounts - (807)346-7777 or helpdesk@lakeheadu.ca